



Secrets of Pilates

By Sally Searle & Cathy Meeus

DK Dorling Kindersley, 2001. Trade Paperback. Book Condition: New. Ryecart, Guy [photography], et al [illustrations] (illustrator). Stated First Edition. Illustrated throughout with color photographs and art reproductions. 224 pages including index. Minimal display wear. Also available at time of this listing from same publisher and with same attributes: Secrets of Yoga. Media Mail, Priority & some International shipping include free tracking information. Size: 16mo - over 5¾" - 6¾" tall.



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