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The Elements of Counseling Children and Adolescents

By Catherine P. Cook-Cottone, Linda S. Kane, Laura M. Anderson

Springer Publishing Co Inc, United States, 2015. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book. Tailored to the specific needs of the child and adolescent client, this concise, easy-to-read primer provides essential and practical guidelines for counsellors and psychologists who are training to work with children in both clinical and school settings. It is modelled after the highly successful and time-tested Elements of format used in many teaching disciplines. The book distils the basic concepts that beginning professionals must keep in mind as they approach practice, offering guidance in logical, numbered sequence from setting the stage for the counselling process through the essentials of building and maintaining an active counselling practice. Not only does the book facilitate learning with its precise, easily digestible rules and principles, it provides potent guidance for both common and particularly troubling situations. Throughout the text, each concept is addressed first as it applies to children and then to adolescents. Key features such as using developmentally appropriate language and activities and fostering growth and self-reflection are covered, along with critical issues such as collaborating with parents and other professionals, responding to crisis situations, misconceptions and assumptions that can hinder therapy,...



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