



Overcoming Pathological Gambling: Therapist Guide

By Robert Ladouceur

Oxford University Press, USA. Paperback. Book Condition: New. This item is printed on demand. Paperback. 144 pages. As gambling becomes more prevalent and more accessible in our society, pathological gambling is growing as a serious problem. In most instances, excessive gambling negatively affects a persons home, social, and professional life, as well as leads to serious financial trouble. In repeated trials, cognitive-behavioral therapy has proven an extremely effective treatment for this problem. Written by the developers of an empirically supported CBT program for the treatment of pathological gambling, this guide includes all the information and materials necessary to implement successful treatment. Most pathological gamblers exhibit misconceptions or erroneous beliefs about the nature of gambling, believing they can beat the system. One of the central points of focus of this treatment is to help clients correct these beliefs and understand the true nature of games of chance. The authors provide step-by-step instructions for clinicians to help clients understand all of the facets of their problem. In addition to correcting erroneous beliefs about gambling, this program teaches problem solving skills, self-assessment techniques, and trigger recognition and avoidance. Designed to be used in conjunction with the corresponding workbook, this guide provides results not..



READ ONLINE
[7.37 MB]

Reviews

I just began reading this pdf. It is actually written in straightforward words instead of hard to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Jensen Bins**

Totally among the best publication I actually have actually go through. It can be filled with wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Glen Ernser**

See Also



Kodu for Kids: The Official Guide to Creating Your Own Video Games

Pearson Education (US). Paperback. Book Condition: new. BRAND NEW, Kodu for Kids: The Official Guide to Creating Your Own Video Games, James Floyd Kelly, DESIGN, BUILD, CREATE, AND SHARE YOUR GAME WITH THE WORLD! Ever wanted to create your own video game?...



Depression: Cognitive Behaviour Therapy with Children and Young People

Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it is now recognised that depression can severely...



Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and effective guide for parents and students to...



Twitter Marketing Workbook: How to Market Your Business on Twitter

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. Workbook. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Twitter Marketing Workbook 2016 Learn how to market your business on Twitter for free A best-selling...



13 Things Rich People Won t Tell You: 325+ Tried-And-True Secrets to Building Your Fortune No Matter What Your Salary (Hardback)

Reader s Digest Association, United States, 2013. Hardback. Book Condition: New. 231 x 160 mm. Language: English . Brand New Book. Did you read about the janitor who donated million dollars to his local library? Do you ever watch in amazement...



A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half

Createspace, United States, 2014. Paperback. Book Condition: New. 251 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.The ultimate learn-by-doing approachWritten for beginners, useful for experienced developers who want to sharpen their skills and don t mind...