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The Saffron Tales: Recipes from the Persian Kitchen (Hardback)

By Yasmin Khan

Bloomsbury Publishing PLC, United Kingdom, 2016. Hardback. Condition: New. Language: English . Brand New Book. ` This is so much more than a compilation of recipes, gorgeous though they themselves are. This is a book that tells a story, both cultural and personal, and her voice is as engaging as her food Nigella Lawson ` Barberries, fresh herbs, date molasses, dried limes, saffron; Yasmin s Persian pantry staples are a roll call of my favourite ingredients. Her recipes are a mouthwatering showcase of a beautiful country Yotam Ottolenghi ` Not just a great cookbook but a book full of stories - a love letter to Iran and its people Diana Henry Armed with little more than a notebook and a bottle of pomegranate molasses, British-Iranian cook Yasmin Khan traversed Iran in search of the country s most delicious recipes. Her quest took her from the snowy mountains of Tabriz and the paddyfields of Gilan to the cosmopolitan cafes of Tehran and the pomegranate orchards of Isfahan, where she was welcomed into the homes of artists, farmers, electricians and teachers. Through her travels, she gained a unique insight into the culinary secrets of the Persian kitchen and the lives of ordinary Iranians today. In...



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