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YOUR WIDE AWAKENING: A GUIDE TO ANOREXIA RECOVERY (PAPERBACK)



Balboa Press, United States, 2013. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Your Wide Awakening seeks to inspire hope for recovery in any individual currently suffering from an eating disorder, or any family members or friends affected by the disease. In this honest and often insightful book, Jensy Scarola details her journey of counting calories, overexercising, and isolating from feeling the emotional pain after the loss of her mother at age sixteen. After a...

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- Authored by Jensy Scarola
- Released at 2013



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