



Dinner with the Smileys

By Sarah Smiley

Hyperion. Paperback. Book Condition: New. Paperback. 384 pages. Dimensions: 8.2in. x 5.5in. x 1.0in. They say you are what you eat--but apparently, with whom you eat is pretty important too. Current medical research bears this out. But wellness was not what motivated mil-blogger Navy wife and mom Sarah Smiley to invite one guest every week for 52 weeks to have dinner with herself and her three young sons. Sarah's motivation was to fill a void in her family life: that empty chair at the dining room table while her Navy pilot husband, Dustin, was deployed overseas for a year. But what started as a gesture meant to distract the boys from missing their Dad became a joyous journey as the unlikely people accepted the invitations. . . and brought dessert. The Smiley family discovered that a surprising number of people really are available for dinner. You just have to ask. Each dinner guest taught them about life, and the importance of sharing something simple and intimate--like a meal--to cement these valuable lessons in place. From a state senator (she baked brownies) to sports superstars (ice cream), from the boys teachers (cookies) to their 94-year old neighbor--with R2-D2 making a very special visit--each...



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