An EMDR Therapy Primer, Second Edition: From Practicum to Practice



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Reviews

Excellent eBook and helpful one. This can be for all who statte there was not a worthy of studying. You will not feel monotony at at any moment of your respective time (that's what catalogs are for regarding when you request me). (*Princess McCullough*)

AN EMDR THERAPY PRIMER, SECOND EDITION: FROM PRACTICUM TO PRACTICE



Springer Publishing Company. Paperback. Condition: New. 360 pages. This is a step-by-step overview of the foundations of EMDR Therapy presented in easily accessible, conversational language. It helps both new and experienced clinicians to maximize their preparation and skills in using EMDR safely, confidently, and effectively. The second edition is fully revised to reflect the evolution of EMDR to an integrative psychotherapeutic approach and is intended for use as a companion to Francine Shapiros seminal EMDR texts. It has been enriched with several new case histories along with extensive examples of successful EMDR reprocessing sessions. An abundance of new information addresses EMD versus EMDR; research on the Mechanism, Model, and Methodology of EMDR Therapy; Bilateral Stimulation; Ancillary Targets; The Why and the How of many key EMDR Therapy components, Protocols for Single and Recent Traumatic Events; updated information about the Cognitive Interweave, Future Templates, and much, much more. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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