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## EVERYDAY DIABETES MEALS: COOKING FOR TWO (PAPERBACK)



ROBERT ROSE INC, Canada, 2017. Paperback Condition: New. Language: English. Brand New Book. The recipes are designed for one or two people, but can be easily scaled up if you are entertaining. Careful meal planning is paramount when it comes to managing diabetes and these delicious and healthy recipes will help you do that - they are easy to prepare and specifically designed for one or two people. Living with diabetes takes planning, effort and thought. This shift in...

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- Authored by Laura Cipullo, Lisa Mikus
- Released at 2017



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