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## THE BABY-LED WEANING COOKBOOK: DELICIOUS RECIPES THAT WILL HELP YOUR BABY LEARN TO EAT SOLID FOODS--AND THAT THE WHOLE FAMILY WILL ENJOY (PAPERBACK)



The Experiment LLC, United States, 2012. Paperback Condition: New. Language: English. Brand New Book Forget baby purees and spoon-feeding--there s an easier, more natural way to introduce your little one to solid foods. By about six months, when babies can sit up unassisted, grab things, and munch on them, they are ready to join the family at the kitchen table and discover real, solid food for themselves. Baby-led weaning sets the stage for healthy eating habits in the years...

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- · Authored by Gill Rapley
- Released at 2012



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## Reviews

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