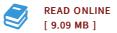




## Paleo Slow Cooker Cookbook: 25 Easy and Delicious Paleo Recipes for Your Slow Cooker (Paperback)

By Jasmine King

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Paleo Slow Cooker Cookbook If you want to enjoy healthy meals, lose weight but don t have enough time to cook, Paleo Slow Cooker Cookbook is the best book for you! Many people turn to the Paleo diet as a way to help them live a healthier life. The Paleo diet takes you back to the days of our primitive ancestors who did not have to worry about chronic diseases such as obesity and diabetes. That s because they ate whatever they found; foods that were naturally abundant. This book has just made following the Paleo lifestyle a whole lot easier. By reading this book you will learn: - Tips to enjoy the remarkable health benefits of the Paleo diet along with the convenience of a slow cooker - 25 Best Paleo slow cooker recipes for breakfast, lunch, and dinner These easy and delicious recipes will be made in a slow cooker while you go to work or take care of other important business. These Paleo meals will give your body the energy and nutrients it needs to live...



## Reviews

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