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ADHD Diet for Children: Recipes and Diet to Help Your Child Focus, Perform Better at School, and Overcome ADHD for Life (Paperback)

By Tony Robson

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. ADHD Diet For Children is the most natural way to curb ADHD and help your child perform better at school and be less distracted all day long! It has been scientifically proven that diet has a dramatic effect on the brain, even more so on the growing brains of children. The average child starts the day with sugary cereal and milk, which is one of the worst ways to feed a growing brain. Instead, it is important to feed children a diet that is high in healthy fats and natural, organic food. ADHD Diet For Children will show you exactly what to feed your child for breakfast, lunch, and dinner that will have them calm and focused all day long! After observing ADHD Diet For Children, you will notice your child much calmer and more focused on their schoolwork. In ADHD Diet For Children, you will find simple and delicious recipes and foods that children can eat to curb ADHD symptoms. This will make them more focused and attentive, thus helping them score higher grades and have better behavior...



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Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and effective guide for parents and students to...



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Hodder Stoughton General Division, United Kingdom, 2011. Paperback. Book Condition: New. 196 x 130 mm. Language: English . Brand New Book. Every parent wants their child to achieve their full potential. Whatever your child s interest or inclination, from art to music,...



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WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to give your child an academically rigorous, comprehensive...



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