



Letters to Louise: the Answers are Within You

By Louise L. Hay

Hay House Inc, United States, 2011. Paperback. Book Condition: New. Updated ed.. 211 x 135 mm. Language: English . Brand New Book. This book is a collection of letters I ve received and answered over the years from people all over the world. The letters express deep concerns about 20 different topics - including addictions, dis-ease, family relationships, the inner child and parenting, just to name a few. Almost all of the people who have written to me have wanted to change themselves - and their world - in some way. In my replies, I ve tried to be the catalyst that helps these individuals accomplish their goals. I think of myself as a stepping-stone on a pathway of self-discovery. Perhaps you will see some aspect of yourself in these pages. It is my belief that by reading about other people s challenges and aspirations, we can see ourselves and our own problems in different ways. Sometimes we can use what we learn from others to make changes in our own lives. I hope this book will allow you to realise that you, too, have the strength within to change and to find solutions on your own - that is,...



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