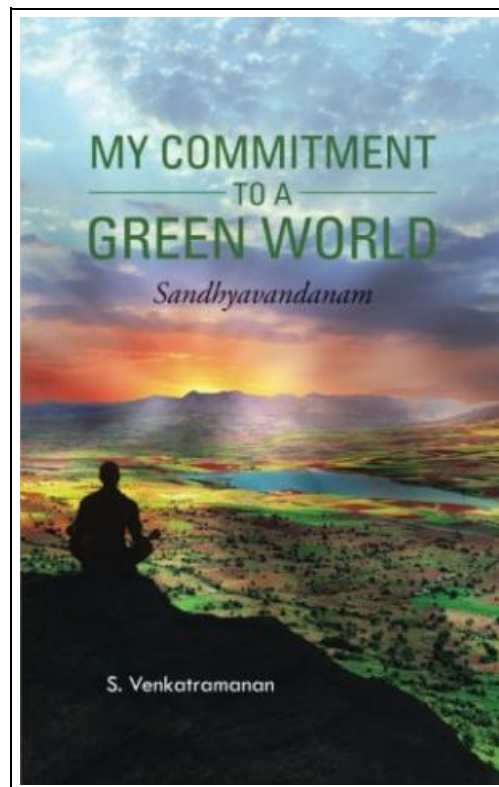


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Partridge India, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Mutual dependence cum respect between man and the world around him has been the central core of Indian thoughts. In other words, the cosmic order and the rules of the life have to be compatible. As a natural corollary this has placed importance on the Conservation and effective sharing of the natural resources among all - man, animal, plant kingdoms apart from the very Nature itself. This has been stressed in all their precepts and practices. Individuals have to accept that mind set to make the best of their life. Developing and nurturing that mind set has been the prime aspiration, nay goal, for a majority of the Hindu practices and rituals. In this effort, Sandhyavandhanam stands out as a simple yet effective practice. The universality of its mantras - applicable and beneficial to all, irrespective of the caste, creed, and gender - has been brought out in this book by the Author. This is the second in the series of his publications - to give a fresh and practical look on the Indian thoughts, as a simple practitioner of the Hindu thoughts. While his first book Designing the Predesigned had focussed on the mere enunciation of available principles and practices, this book focuses on a particular method to practically achieve that mind set. The mind set can be developed either by conforming to a set practice or through mere intellectual acceptance. While the needs of intellectual acceptance has been brought out, the book also guides through the actions and methodologies so as to meet with the taste of persons finding it easy to work on set procedures to develop the desired mind set.



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