



Awakening Through Menopause: An Opportunity to Transform Your Life (Paperback)

By Olivera Milojkovic

Balboa Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Awakening Through Menopause: An Opportunity To Transform Your Life is about a New Jersey housewife who had a profound spiritual awakening during menopause that changed her entire inner and outer world. Losing her conditioned mind, her true self was revealed and life as she knew it changed forever. Following her intuition and her heart, she then became a certified professional coach, said goodbye to her family and friends, and moved to Hawaii. Awakening Through Menopause is an inspirational memoir and guide to how not only to survive an awakening in menopause but also how to thrive in it. The intention is to bring to all women s awareness the importance of recognizing what this period in her life really means and what she can receive. It is intended to remind women that menopause is the natural process of becoming the higher expression of herself, the true self that is infused with wisdom and power.



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