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## School of Awake: A Fun Girl's Guide to Expression and Heart Wisdom (Paperback)

By Kidada Jones

NEW WORLD LIBRARY, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. The One and Only Girl's Guide to Greatness Do you believe in wishes? Did you know you are made of stardust? Have you ever been curious about how you fit into this big old universe? Kidada Jones invites you to join School of Awake, where you will explore our amazing world while getting to know and love your authentic self. Kidada understands the challenges you face and offers dozens of ways to keep it real and navigate the world without losing sight of what's important. Experience the light within you through colorful illustrations, fun facts, mystical, heart-centered activities, and timeless wisdom. Explore dozens of ways to be yourself and cruise through the world without forgetting what matters most. Through QAs, ceremonies, crafts, and even recipes, you'll learn how to: build a kit of tools that will make your life better and truly yours resist bullying by putting bullies on ice create a giant dream catcher, a galaxy on the go, and affirmation flags connect to your heart in difficult moments make a personalized wish jar for your best and brightest dreams This...



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