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PALEO ITALIAN SLOW COOKING (PAPERBACK)



Sterling Publishing Co Inc, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book Finally, a slow cooker cookbook for Paleo dieters that focuses on delicious Italian cuisine without the grain, dairy, refined sugar and other ingredients contradictory to this trending whole food lifestyle. There s no doubt that adopting a gluten-free, whole foods lifestyle can be challenging. This cookbook makes it easy to prepare authentic Italian meals that are not dominated by pasta, cheese, and bread--all with...

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- Authored by Cider Mill Press
- Released at 2014



Reviews

The book is fantastic and great. It is rally exciting through looking at period of time. Your way of life period will likely be change when you full reading this publication.

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