



Vegetarian Kids Cookbook (Paperback)

By Roz Denny

Anness Publishing, United Kingdom, 2017. Paperback. Condition: New. Reprint. Language: English . Brand New Book. This is an essential guide for any parent looking for delicious meat-free recipes to feed their children. There are many wonderful dishes here to please even the fussiest of eaters, and a variety of ideas that will nourish and delight, including veggie versions of timeless dishes. Popular classics include Vegetarian Lasagne and Bean Burgers, as well as more exotic ideas to tempt your kids, such as Vegetable Paella with a side order of Roasted Vegetables or Fruity Coleslaw. Of course, no children's recipe book would be complete without desserts, which range from healthy fruit salads and Strawberry Smoothies to richer treats such as Carrot Cake or Blueberry Muffins. Over 350 stunning photographs and step-by-step techniques help you prepare each recipe, making this a truly wonderful guide to creating the most delectable dishes.



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Reviews

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