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Productive Energy 57 Ways To Embrace Change Defeat Your Procrastination For Good Procrastination Self Help

By Paul William Harris

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 204 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. Conquer Procrastination And Start Building Your Dream Life RIGHT AWAY! Ill do it tomorrow is the Procrastinators Mantra. But what if your habit of putting things off is actually interfering with your next big break You dont have to let procrastination sabotage your success any longer. Productive Energy: 57 Ways To Embrace Change And Defeat Your Procrastination for Good is a powerful resource to help you harness your passion to BE MORE in life. These life changing techniques will help you ditch procrastination so that you can immediately move forward with your goals. Learning how to combine productive energy with your own personal rhythm will help you build momentum to begin living the life of your dreams. The Strategies In This Book Will Help You Get IMMEDIATE Results! The Procrastinators Test helps clarify your own personal level of procrastination. This detailed self-assessment identifies your current procrastination tendencies so that you can utilize the EXPERT tools in this book to move forward. Whether its visualizing, learning how to burst through fear, or taking practical steps to embrace change - this book...



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