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Kena Upanisad (Anirvan Upanisad Series No. 1)

By Anirvan; Translated from Bengali to English with Introduction by Gautam Dharampal

Akshaya Prakashan, New Delhi, 2012. Hardcover. Condition: New New. Kena Upanisad is the first volume of our Shri Anirvan Upanisad Series. It is the English translation of the third volume of the Upanisad Prasanga Series, written in Bangla by Shri Anirvan and published by the Burdwan University. Kena Upanisad consists of the four sections of the fourth chapter of the Jaiminiya Brahmana Upanisad of the Samaveda. It begins directly with Brahman as its subject matter and tell us in first two parts how it is impossible to know or attain Brahman by our ordinary senses including mind. To realize Brahman we have to open ourselves to higher intuitive levels of mind. In the third and fourth parts, the Upanisad beautifully speaks about the unknowable Brahman and about the subjective and objective ways of its realisation through an allegorical story about Gods led by Indra on one side and Yaksha and Uma Haimvati on the other. Brahman has to be meditated upon and realized as 'Tad Vanam' - 'That most Delightful Dear One'. Page Extent: 246.



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Reviews

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-- Ms. Donna Parker MD

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