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KISSS YOUR WAY TO HEALTH: KEEP IT SIMPLE, STUPID, AND SUCCESSFUL (PAPERBACK)



Laura Keiles, United States, 2017. Paperback Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Learn from a seasoned Project Management Professional, Health Coach and Naturopath how to achieve your best health. Project management has been merged with health coaching to provides a simple, stupid and structured approach yielding successful results. Learn how project management techniques when simplified and focused from a personal perspective can help you prioritize what is takes to be healthy! Can it...

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- Authored by Ctn Pmp Nd Keiles
- Released at 2017



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Basically no terms to explain. I have read and so i am certain that i will gonna go through once again once more in the future. I realized this ebook from my dad and i encouraged this book to discover.

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