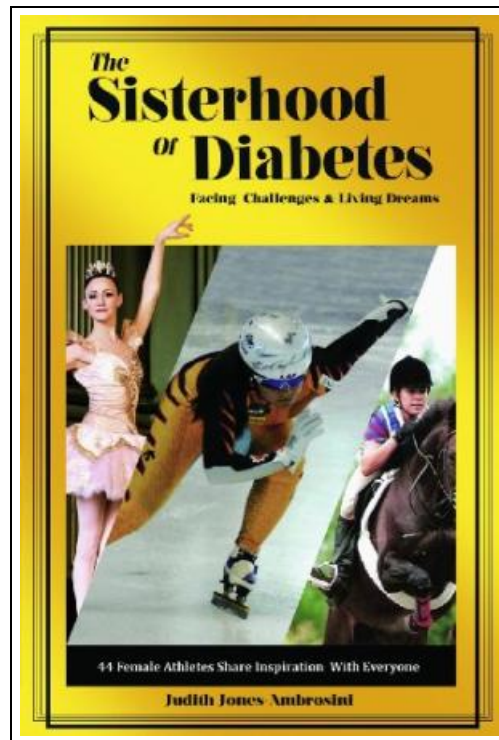


Sisterhood of Diabetes: Facing Challenges Living Dreams (Paperback)



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Reviews

This written publication is fantastic. I am quite late in start reading this one, but better then never. You will not feel monotony at at any time of your respective time (that's what catalogues are for concerning should you ask me).
(Tevin McClure)

SISTERHOOD OF DIABETES: FACING CHALLENGES LIVING DREAMS (PAPERBACK)



Hohm Press,U.S., United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. Women and diabetes! A huge market and a huge need. The Sisterhood of Diabetes engages the reader with 44 true-life stories of women with diabetes-the challenges they faced and the adventures they took. These accomplished women, of all ages and from around the world, are athletes, scholars, champions in many ways who will motivate and inspire others, whether diabetic or not, in redefining abilities and venturing beyond self-imposed limits. The message here is to live your dreams with diabetes, or any other challenges, with a positive attitude and inspired determination. While many books offer the do s and don ts of diabetes care, this book bypasses the humdrum and the confusing fuselage of medical terminology and treatment to bring the reader face to face with the real struggles and joys of living with diabetes. Judith Ambrosini has lived under the influence of Type 1 diabetes for over 50 years. She knows the importance of exercise, sports and leading an active life as a major component of excellent diabetes care. This understanding influenced her to run and walk marathons, to cycle, dance, and to practice and teach tai chi, which she continues to do today. This health challenge has also guided her to be of service in the international diabetes community. The women she has interviewed for this book come from as far away as Berlin, Australia, New Zealand, Italy and Canada, and as close to home as the next town. They are each strong and confident in their sports and in their lives. Diabetes has become a household word. Everybody knows someone who has it. No longer a fatal disease since the introduction of insulin injection, the escalating numbers of cases is staggering. There are currently...



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