



Be Yourself with Confidence: Walk-In Joyful Freedom Method to Transform Painful Experience Into Positive Experience (Paperback)

By Shona Ann Hill

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. BE Yourself with Confidence A simple Walk-In Joyful Freedom method that transforms painful experience into positive experience The primary purpose of this book, is to give people confidence in the complete truth of who they are. Many people are under the illusion that they are a human with a soul. The truth of the matter is they are a soul having human experience. This gives a whole different perspective on life as a whole. Experiences that we have can be painful, and seem to have a hold over us. The truth is everything that happens to us is a choice, and so is how we respond to it. This book helps people understand the illusion that our human experiences are. It also explains, how they have no hold over us, and in fact don t even belong to us beyond the moment they appear to exist. It is all about how we choose to respond to the situations that are provided to us in our lives. It is the choice between the soul s voice that is found in the heart,...

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