

Eliminer Poches Et Cernes, Retendre Et Lisser Le Front Avec LAcupression



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Reviews

*It is not difficult in go through easier to understand. It normally fails to price too much. I am very happy to inform you that this is actually the greatest ebook i actually have read through within my personal lifestyle and can be he best publication for ever.
(Miss Ebony Brakus IV)*

ELIMINER POCHE ET CERNES, RETENDRE ET LISSER LE FRONT AVEC LACUPRESSION



Anne Cosse. Paperback. Book Condition: New. Paperback. 40 pages. Dimensions: 9.4in. x 7.2in. x 0.2in. Votre front s'affaisse et se ride Vos paupières se relâchent petit à petit Vos poches sous les yeux ne se résorbent pas Vos cernes s'assombrissent et s'installent Les rides se multiplient, vos pattes d'oie se creusent Donnez un coup de clat votre regard avec ces exercices faciles de massage facial bas sur l'acupression. Avec ce livre, découvrez et apprenez tous les points de la réflexologie pour les Yeux et le Front: Le Programme Complet pour raffermir et rajeunir tout le haut du visage: 6 exercices faciles pour retendre le front, raffermir les paupières, éliminer poches et cernes, lisser les pattes d'oie et ridules, retarder la formation de la ride du Lion, lutter contre la fatigue oculaire, décongestionner les sinus. Les Astuces 2-en-1: Intégrez le massage facial votre rituel de soin du visage habituel pour raffermir et rajeunir la zone de vos yeux, sans allonger votre routine et sans crème supplémentaire! Des Recettes maison de Soins pour les Yeux: Découvrez des recettes accessibles pour concocter vous-même serum et masque pour les yeux d'une efficacité redoutable. Et grâce aux effets de l'acupression, améliorez votre bien-être général! Anne Cosse est Praticienne Certifiée d'Acupression, diplômée de l'Etat de Californie. Elle est formée au Shiatsu traditionnel, au Zen Shiatsu, au Jin Shin Do, la Réflexologie Plantaire, au Touch for Health, et au Reiki. Elle est également diplômée du MBA HEC et de l'Ecole Polytechnique Fminine, et a travaillé en Europe, en Asie, et aux Etats-Unis. Anne est experte auprès de YourTango.com et SelfGrowth.com et a été interviewée par de nombreux médias en Europe et en Asie. Articles, conseils et vidéos sur: www.annecosse.com www.zenattitudewellness.com This item ships from multiple locations. Your book may arrive from Roseburg, OR, La...



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