

# Identity Crisis: The Root of Its Beginning

#### By Carrie M Carter

PearlStone Publishing, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you ever experienced a crisis in your life that left you so numb, in a condition of instability or danger that impacted you socially and emotionally? Have you wondered for years where the pain originated? Have you found yourself asking questions like how did I get here? Why have I been in this same place for years, seeing no progress? What am I afraid of; is it ME? Identity Crisis is a book that has been birthed out of my own personal experience with a life crisis that eventually led me to wandering in my own identity. My deepest desire is for every reader to understand that there is a fundamental root cause to our underlying pain for which many have been suppressed for years by medicating feelings, masking pain and/or acting out in behavior or lifestyles. Some issues may have never been our fault, yet there are some we may have caused. Whatever the may be, life doesn t end there! This book seeks to inspire, challenge, and enhance self-discovery by identifying, confronting and conquering...



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