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THE LOUISE PARKER METHOD



Hachette Australia, 2017. Paperback. Condition: New. 1. 'Louise Parker, AKA the figure magician, has worked her magic on actors, athletes, pop stars, politicians and princesses and believes absolutely anyone can have a sensational body.'Glamour'Louise Parker is one of the very few weight-loss experts worth the title. A genius method, an unbelievable client list and years of experience.'Good Housekeeping'Clever, kind and committed to getting you the best body possible. Louise Parker really does think of everything.'Tatler'Quite simply the most intelligent weight-loss...

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- Authored by Louise Parker
- Released at 2017



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