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Yoga Bitch: One Woman's Quest to Conquer Skepticism, Cynicism, and Cigarettes on the Path to Enlightenment (Paperback)

By Suzanne Morrison

Random House USA Inc, United States, 2011. Paperback. Condition: New. Original. Language: English . Brand New Book. What happens when a coffee-drinking, cigarette-smoking, steak-eating twenty-five-year-old atheist decides it is time to get in touch with her spiritual side? Not what you'd expect. When Suzanne Morrison decides to travel to Bali for a two-month yoga retreat, she wants nothing more than to be transformed from a twenty-five-year-old with a crippling fear of death into her enchanting yoga teacher, Indra, a woman who seems to have found it all: love, self, and God. But things don't go quite as expected. Once in Bali, she finds that her beloved yoga teacher and all of her yogamates wake up every morning to drink a large, steaming mug of their own urine. Sugar is a mortal sin. Spirits inhabit kitchen appliances. And the more she tries to find her higher self, the more she faces her cynical, egomaniacal, cigarette-, wine-, and chocolate-craving lower self. Yoga Bitch chronicles Suzanne's hilarious adventures and misadventures as an aspiring yogi who might be just a bit too skeptical to drink the Kool-Aid. But along the way she discovers that no spiritual effort is wasted, even if...



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