



## 3 4 Ingredient Family Recipes: Everyday Meals Made Easy: 330 Fuss-free Recipes Using Just Four Ingredients or Less, All Shown in Over 350 Colour Photographs (Paperback)

By-

Anness Publishing, United Kingdom, 2014. Paperback. Condition: New. Language: English . Brand New Book. Everyday meals made easy: 330 fuss-free recipes using just four ingredients or less, all shown in over 350 colour photographs. With just a few basic items from the storecupboard and four or less ingredients for each recipe, you can make more than 330 delicious dishes, from firm family favourites to more exotic temptations. This title includes breakfasts, appetizers, soups, pasta, rice, main courses, salads, vegetable and side dishes, preserves and pickles. It features a host of cuisines from around the world including African, American, Chinese, Indian, Italian, Portuguese and Mexican. Choose from Cinnamon Toast, Eggs Benedict, Dressed Crab with Asparagus, Tandoori Chicken, Rosemary-Scented Lamb, Warm Chocolate Zabaglione and Orange and Pecan Scones. Ata-glance nutritional notes provide a clear breakdown of calorific values as well as fat, fibre and cholesterol content of each recipe. From a relaxed weekend brunch or speedy supper to a more elaborate dinner for entertaining friends, there s a tasty recipe to suit all occasions. The recipes may be simple, but they don t compromise on quality, and this instructive cookbook shows you how to get the maximum flavour out of the few...



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