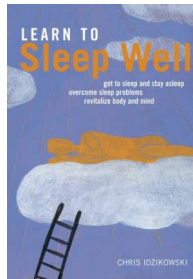


Learn to Sleep Well: Get to Sleep and Stay Asleep * Overcome Sleep Problems * Revitalise Body and Mind



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