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## Soil and Your Health Healthy Soil Is Vital to Your Health Basic Health Guides

By Beatrice Trum Hunter

Basic Health Publications. Paperback. Book Condition: New. Paperback. 122 pages. Dimensions: 6.6in. x 4.1in. x 0.5in. In *Soil and Your Health*, eminent health writer and environmentalist Beatrice Trum Hunter discusses the natural resource that grows our fruits and vegetables. The quality of food depends on the quality of the soil in which it is grown. Is organically produced food superior to conventionally grown food? How do earthworms and trace minerals benefit the soil and the food and feed grown on it? How do intentionally applied fertilizers, pesticides, and sludge, as well as inadvertent contaminants affect soil? Hunter responds to the mounting soil-quality crisis with hopeful answers and measures beginning in our own gardens and farms. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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