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paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2012-12-01 Pages: 156 Publisher: Jiangsu Science and Technology Press Information title: fruit and vegetable juice regimen Daquan - comes with common diet with Taboo wall charts Original Price: 32.8 yuan Author: Gui-Rong Liu Publisher: Jiangsu Science and Technology Publishing Date :2012-12-1 ISBN: 9787553702582 Words: Pages: 156 Edition: 1 Binding: Paperback: 12 Product size and weight: Editor's Choice 100 grams of fruit and vegetables in the end how much? A drink the most appropriate number of fruit and vegetable juices? Not every fruit and vegetable juices for everyone to drink? Different fruits and vegetables most wholesome drink in what season. what time? The . these puzzles we encountered in the production of fruit and vegetable juices. in the book solved. Efficacy by fruit and vegetable juices. the book introduced physique nursed back to health. suitable for drinking fruit and vegetable juices in the case of day-to-day care. common diseases. gynecological diseases. beauty and fitness. family health. comprehensive. and able to meet the needs of each family member. symptomatic drinking. The book describes the production of more than four hundred kinds of fruit and vegetable juices. not only illnesses. but also as a daily health drink a cup a day. a year can not re-sample. In addition to a variety of fruit and vegetable juices. the book also describes some of the production method of the freezing point. cold drinks. hot summer. and occasionally do a cool ice cream. will bring to life a lot of surprises. Summary book is for everyone in all aspects of health. disease. population of the fruit and vegetable juices. comprehensive. leaving; material and how much to see that this practice will anyone learn the...

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