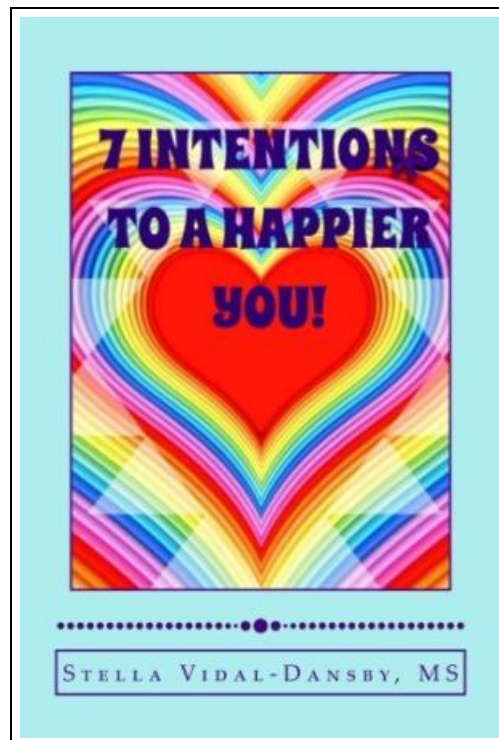


## 7 Intentions to a Happier You: Simple and Efficient Tools of Self Actualization and Inner Discovery.



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### **Reviews**

*This sort of book is almost everything and helped me looking in advance and much more. Yes, it can be enjoy, nevertheless an amazing and interesting literature. Its been written in an extremely simple way which is simply right after i finished reading this publication through which in fact altered me, alter the way i really believe.*

*(Lizeth Witting)*

## 7 INTENTIONS TO A HAPPIER YOU: SIMPLE AND EFFICIENT TOOLS OF SELF ACTUALIZATION AND INNER DISCOVERY.



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Createspace. Paperback. Condition: New. This item is printed on demand. 110 pages. Dimensions: 5.9in. x 4.1in. x 0.5in. 7 INTENTIONS TO A HAPPIER YOU! is written for people who have gone through a major shift in their lifestyle, while realizing that their old set of values are no longer conducive to their betterment. Many of us once held stable jobs, where on top of our careers, and were focused on material success, but much of that has changed, and are now taking stock of our lives. We realize that, while in their pursuit of success, we have neglected ourselves and the people we love and may find ourselves feeling empty and alienated. Those who have endured some form of tragedy, either personal or professional, are now standing looking at a fork on the road: they either resign themselves to fear, loss, and lower vibrational energies, OR INTEND to replace some of the past habits that have left them in search for answers. Although a seemingly scary task to let go of old habits and welcome the new, 7 Intentions to a Happier YOU! will make the transition into your new reality simple and effective. It has been described as a Gentle Guide to address difficult issues that both men and women are going through today. The author, Stella Vidal is a pioneer in the new Era of Enlightenment (bringing the light), which combines both Spirituality and practical tools for the advancement of humanity. You will walk away after reading the 7 Intentions, more equipped than ever to tackle lifes ups and downs, while not compromising yourself again. You will reconnect to that child-like Spirit that will guide you into your new exciting life, where YOU find yourself being the creator of your own destiny. Are you Looking for a pathway to...



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