# Fruit Smoothie Recipes (Paperback)



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## Reviews

It is an amazing publication which i actually have at any time go through. It really is writter in easy words and phrases rather than hard to understand. Its been developed in an extremely easy way which is merely following i finished reading through this pdf in which actually changed me, affect the way i think. (Garry Lind)

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### FRUIT SMOOTHIE RECIPES (PAPERBACK)



Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Fruit Smoothie Recipes With our hectic on the go schedules of today, it is often difficult to eat healthy. We know that we should eat more healthy things such as fruits, but instead we grab a bagel loaded with cream cheese or have a cheeseburger dripping with fat. Wouldn t it be great if instead of junk food we had recipes for delicious refreshing fruit smoothies? Well, look no further. Here is a cook book full of delicious fruit smoothies that you can drink on the run and get all your daily servings of fruit. They can be prepared ahead of time to keep in the refrigerator so that you can pour and go. And this cookbook contains a variety recipes made from all different kinds of fruits so that you will never get bored. You can drink these smoothies as a filling meal replacement or as a refreshing desert. They are great as Summer Coolers to sip by the pool or on the beach while on vacation! Enjoy! Recipes Include: Kiwi Strawberry Smoothie Banana Orange Smoothie Papaya Smoothie Watermelon Mango Smoothie Cherry Vanilla Smoothie Tangerine Honey Smoothie Apricot Almond Smoothie Blueberry Pear Smoothie Papaya Mango Smoothie Creamy Pineapple Smoothie Apple Ginger Smoothie Black Raspberry Smoothie Strawberry Banana Smoothie Banana Date Smoothie Peach Ginger Smoothie Strawberry Papaya Smoothie Papaya Cherry Smoothie Blueberry Almond Smoothie Cranberry Smoothie Banana Blueberry Peanut Butter Smoothie Banana Blueberry Smoothie Apple Pie Smoothie Apple Banana Smoothie Melon Smoothie Melon Smoothie Melon Smoothie Banana Blueberry Peanut Butter Smoothie Banana Blueberry Smoothie Apple Pie Smoothie Apple Banana Smoothie Melon Smoothie Melon blackberry Smoothie Peach Vanilla Smoothie Mango Acai Smoothie Cherry Vanilla Smoothie Cherry Almond Smoothie Very Berry Smoothie Very Berry...

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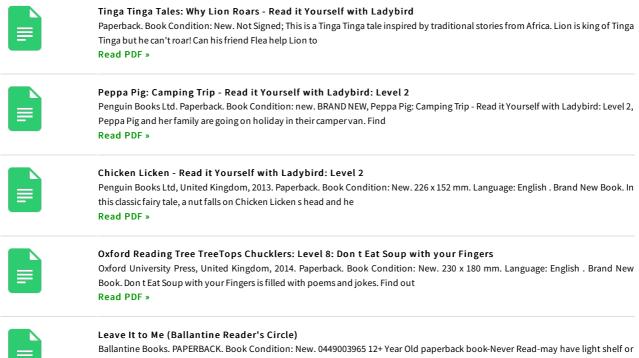
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