



Reverse Inflammation Naturally: Everyday Alternative Treatments (Paperback)

By Michelle Honda

Hatherleigh Press,U.S., United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. Reverse Inflammation Naturally provides a comprehensive overview of both acute and chronic inflammation and offers practical guidance and alternative solutions to popular drugs as well as beneficial supplements and home remedies. Chronic inflammation is among the most prevalent ailments seen in modern society--and all too often, our diet and reliance on common over-the-counter medications is to blame. Not only does traditional medicine offer little in the way of safe, low-risk solutions, it is one of the leading causes of painful, unnecessary inflammation in patients of all ages. As a result, more patients are turning to the world of natural medicine. With Reverse Inflammation Naturally, you can learn how to work with your body to achieve effective heal-ing, see lasting results, and reclaim your life. Complete with healing remedies, dietary regimens, and protocols for every stage of heal-ing and maintenance, Reverse Inflammation Naturally contains step-by-step, do-it-yourself instructions and includes the most effective dietary programs and herbal supplements proven to help control--and reverse--the body s inflammation response, all while promot-ing overall health and wellness. Reverse Inflammation Naturally covers a multitude of topics, including: - A comprehensive overview of...



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Reviews

A must buy book if you need to adding benefit. It really is writter in easy terms instead of difficult to understand. I found out this ebook from my dad and i advised this publication to find out.

-- Prof. Elton Gibson I

This is actually the very best book i actually have read till now. This is for all those who statte that there was not a worth studying. Its been written in an remarkably straightforward way which is merely following i finished reading this publication by which in fact altered me, modify the way i believe.

-- Mr. Jeremy Leuschke IV