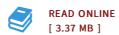




## Healed! Your Body, God s Plan: An 8-Week Prescription for Wellness in Your Community (Paperback)

By Christine Robertson Rn-Bc

Createspace, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Do you feel tired and weighed down? Bloated and sluggish with frequent colds? Have you experienced brain fog, joint pain or depression? Despite advances in medicine, we are sick, we are tired, and we hurt. This is not normal aging, and it is not God s plan. Travel alone or better yet, with a group of friends for this 8-week journey to wellness. Healing and living well do not have to be complicated. In fact, many of the leading causes of disease are called lifestyle diseases because they can be prevented, even reversed, by simple, consistent and practical lifestyle changes. Dis-ease is often the consequence of daily choices accumulated over years. Imagine a future of freedom and independence; freedom from painful, restrictive illness, costly care and medications. Imagine empowerment and lasting freedom that allows you to give of your time and your talents the way you desire, the way God planned! HEALED! Your Body, God s Plan is your group roadmap to the healthy, productive future God intended for you and your community.



## Reviews

This sort of ebook is every thing and made me hunting forward and a lot more. I have read through and i also am confident that i am going to go through once again once more in the foreseeable future. I discovered this publication from my dad and i encouraged this book to discover.

-- Prof. Kip Spinka IV

Merely no phrases to spell out. I actually have read through and i am certain that i will gonna study once again again later on. You wont truly feel monotony at at any time of your time (that's what catalogues are for about should you check with me).

-- Jaiden Konopelski