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Createspace, United States, 2011. Paperback. Book Condition: New. 254 x 203 mm. Language: English. Brand New Book ***** Print on Demand *****. Natural Eyesight Improvement based on the Bates Method, discovered by Ophthalmologist William H. Bates. (Black and White Version) The basic treatments that produce clear close and distant vision. A condensed version of the authors large book (Do It Yourself-Natural Eyesight Improvement-Original and Modern Bates Method). Easy to learn Pictures for every step. Read and practice each step, activity...

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- Authored by Clark Night, Dr William H Bates M D
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