



## Am I Depressed or Am I Bipolar? (Paperback)

By Michael R Binder

Michael R. Binder, M.D., United States, 2009. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Am I Depressed Or Am I Bipolar? is a fascinating look into the human mind that unveils the mystery behind one of the most common and disabling illnesses of our time--depression. Beginning with a discussion of brain structure and function, Dr. Michael Binder combines neurology, psychiatry, and spirituality with nearly twenty years of clinical experience to discuss the functional relationship between the mind, the body, and the spirit. From this framework, he defines the anatomy of the human mind and explains the mechanisms by which symptoms of depression arise and manifest themselves emotionally, psychologically, and physically. Then, in a cutting-edge approach to im-proving the accuracy of diagnosis and treatment of mood disorders, Dr. Binder educates the patient about the different forms that clinical depression can take, thus giving the patient the tools to understand his own illness and present his symptoms in a way that will help lead his physician to the right diagnosis. In the same vein, he discusses new treatment options that are currently available, using an autobiographical case history and twelve clinical case vignettes to outline...



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*Absolutely essential go through publication. It is filled with knowledge and wisdom Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Dr. Sierra Lowe Sr.**

*This book is very gripping and exciting. I was able to comprehend everything out of this written e publication. You will not truly feel monotony at at any time of your respective time (that's what catalogs are for concerning should you question me).*

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