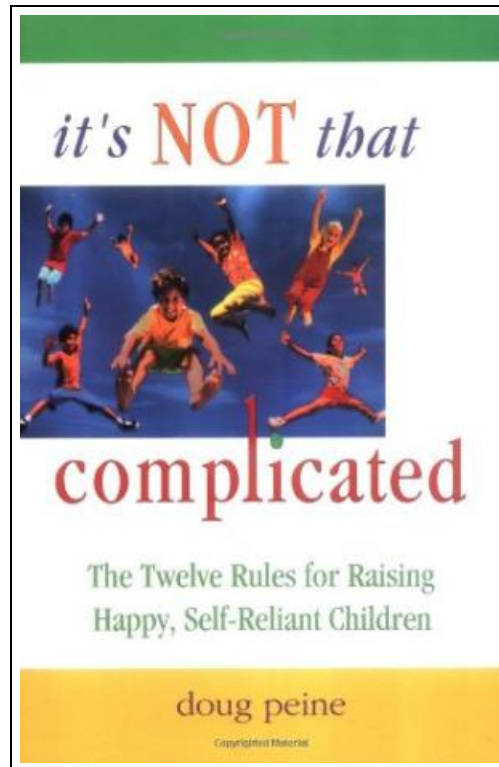


## Its Not That Complicated: The Twelve Rules for Raising Happy, Self-Reliant Children



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Health Communications. Paperback. Book Condition: New. Paperback. 175 pages. Dimensions: 8.6in. x 5.7in. x 0.5in. While standing in the checkout line at one of the nations largest discount stores, author Doug Peine observed the antics of a toddler defying his exasperated mother by refusing to put back a candy bar and throwing an all-out temper tantrum. It is a scene played out in stores and homes all across America every day: children manipulating their parents who haplessly try to fix the behavioral problems with misguided attempts at discipline culled from an endless parade of experts. In this simple yet eloquent book, Peine shows readers that, in spite of the vast wealth of knowledge on childrearing and child psychology, parents are more confused than ever because much of the material is too complicated and often contradictory. A parent himself, Peine provides two simple truths: 1) there is at work among those who parent well, a fundamental common sense; and 2) this common sense can be briefly stated and readily grasped by anyone. He has most readily observed these truths while waiting in line, where mini dramas in the parent-child struggle are often played out. The same obvious parenting mistakes occur as sure as the moon follows the sun. In Its Not that Complicated readers will learn twelve easy-to-follow rules that just might make their jobs easier. They include: mean what you say; do not force your child to make decisions; and read to your child every night before bed. These are simple truths that we usually forget. All parents want the same things: for their kids to be happy, disciplined and compassionate toward and respectful of others. Busy, stressed-out parents will find solace in the simplicity of this book and learn that the most effective way to deal with their children is...



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