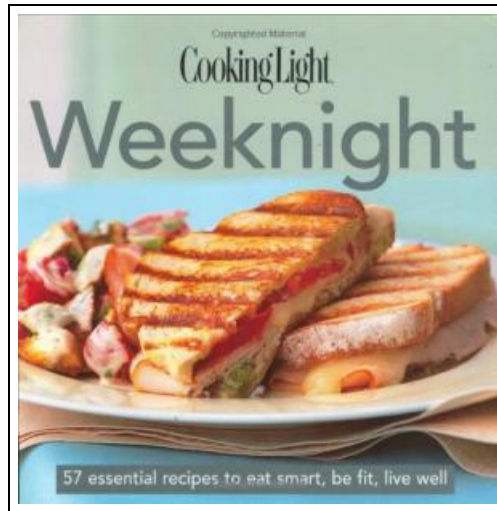# Cooking Light Cook's Essential Recipe Collection: Weeknight: 57 essential recipes to eat smart, be fit, live well (the Cooking Light.cook's ESSENTIAL RECIPE COLLECTION)

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Oxmoor House, 2007. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Banish 5 oclock guilt forever with the new, wonderful-to-read, wonderful-to-cook Essential Recipe CollectionWeeknight. It features more than 50 Cooking Light kitchen-tested recipes for family-pleasing, health-conscious meals that dont take a lot of advance planning. Easy entres, one-dish dinners, soup and salad, and make-ahead mealstheyre all here, and theyre all incredibly tasty. Just what youd expect from Cooking Light!.

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