



The Mature Psychotherapist: Beyond Training and Ideology (Paperback)

By Wyn Bramley

Free Association Books, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. After forty years experience in the field of psychotherapy, Wyn Bramley presents a clinical memoir, which is simultaneously light but serious, outlining all that happens (or fails to happen) that is not covered by books or training. She draws on her vast experience and uses material from real cases to illustrate and explore some of the unexpected manholes and creative rule-breaking which has been necessary to her work. Wyn Bramley has worked in the mental health field for more than 50 years. In this book she invites experienced therapists and counsellors to consider becoming more self-directed practitioners, grateful to but not dependent on their old training and ideology. She advocates a coming together of the various disciplines as opposed to the old factionalism, believing that modern psychodynamic principles and concepts can be assimilated into all modalities. She takes old ideas in this field that have stood the test of time and places them, along with lively case material, in a contemporary context. She also brings us up to date with the latest Relational thinking, which readers may have missed in their training. Her central conviction...

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