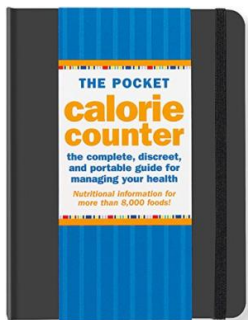


Get Doc

THE POCKET CALORIE COUNTER: THE COMPLETE DISCREET, AND PORTABLE GUIDE FOR MANAGING YOUR HEALTH (HARDBACK)



Peter Pauper Press, United States, 2014. Hardback Condition: New. 2015 ed.. Language: English . Brand New Book Count on it! Keep track of everything you eat and drink with this sleek little Pocket Calorie Counter: The Complete, Discreet, and Portable Guide for Managing Your Health. More than 8,000 entries! Provides calorie counts for most foods and beverages, as well as protein, carbs, fiber, sodium, fats, and other essentials. Includes menu items from popular restaurants, too! Compact enough to take with you when...

Read PDF The Pocket Calorie Counter: The Complete Discreet, and Portable Guide for Managing Your Health (Hardback)

- Authored by Suzanne Beilenson
- Released at 2014



Filesize: 6.9 MB

Reviews

These kinds of ebook is the ideal book readily available. Better then never, though i am quite late in start reading this one. You may like the way the blogger publish this ebook.

-- **Miss Pat O'Keefe Sr.**

These sorts of pdf is the greatest publication readily available. It can be rally intriguing through looking at time. You can expect to like how the blogger publish this book.

-- **Prof. Eric Kuvalis II**

It in one of the best ebook. Yes, it is actually engage in, still an interesting and amazing literature. Its been developed in an exceedingly straightfo rward way in fact it is just follo wing i finished reading through this book by which basically modified me, alter the way i really believe.

-- **Mr. Maynard Kessler PhD**
