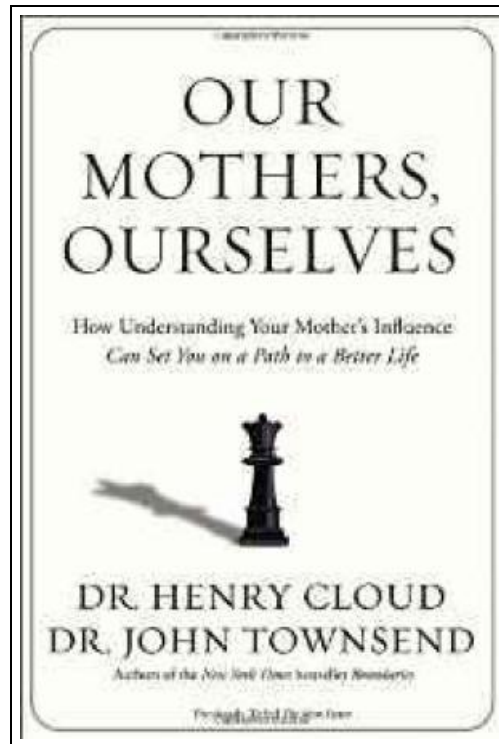


Our Mothers, Ourselves: How Understanding Your Mother's Influence Can Set You on a Path to a Better Life (Paperback)



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Reviews




It is one of my favorite books. Sure, it is actually engaging, nonetheless an interesting and amazing literature. I am happy to let you know that this is basically the finest book I have ever studied inside my very own existence and might be the finest publication for ever.
(Randal Reinger)

OUR MOTHERS, OURSELVES: HOW UNDERSTANDING YOUR MOTHER'S INFLUENCE CAN SET YOU ON A PATH TO A BETTER LIFE (PAPERBACK)



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ZONDERVAN, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book. No one has influenced the person you are today like your mother. The way she handled your needs as a child has shaped your worldview, your relationships, your marriage, your career, your self-image-your life. Our Mothers, Ourselves can help you identify areas that need reshaping, to make positive choices for personal change, and to establish a mature relationship with Mom today. Drs. Henry Cloud and John Townsend steer you down a path of discovery and growth beyond the effects of six common mom types: The Phantom Mom, The China Doll Mom, The Controlling Mom, The Trophy Mom, The Still-the-Boss Mom, The American Express Mom. You'll learn how your mom affected you as a child and may still be affecting you today. And you'll find a realistic and empowering approach to filling your unmet mothering needs in healthy, life-changing ways through other people. Our Mothers, Ourselves is a biblical route to wholeness and growth, to deeper and more satisfying bonds with your family, friends, and spouse-and to a new, healthier way of relating to your mother today.

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