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COSMÉTICA NATURAL CON ACEITES DEL MUNDO: RECETAS PARA PREPARAR TUS PROPIOS PRODUCTOS DE BELLEZA NATURAL

By María del Mar Gómez Ortega

Océano-Ambar, España, 2014. Encuadernación de tapa dura. Book Condition: Nuevo. 19x19cm. 226 pp. Así como los mejores platos caseros son insuperables, ninguna fábrica puede ofrecer la cosmética natural que este manual te enseña a preparar en casa. A partir de aceites de todo el mundo, la calidad de estos productos y sus beneficios para la piel y los cabellos son incomparables. Cada aceite tiene propiedades diferentes, por lo que sabremos exactamente la finalidad de estas recetas caseras con sus aplicaciones y ventajas. De este modo podemos preparar nuestro propio tocador de cremas, ungüentos, geles y champús a partir de ingredientes naturales y totalmente adaptados a cada tipo de piel. Además de revelar los secretos mejor guardados de la cosmética natural, junto con instrucciones sencillas para su preparación aprenderemos a conservar los productos y a utilizarlos de la forma más beneficiosa. Entre el centenar de fórmulas caseras de este libro, se indica paso a paso cómo elaborar: - Cremas hidratantes y antiarrugas. - Recetas reafirmantes contra la celulitis. - Protectores solares. - Lociones de masaje para todo tipo de pieles. - Aceites exfoliantes, cremas antiacné. - Reparadores de cabello para puntas abiertas. - Champús anticascpa, geles para pieles secas o grasas....



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