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The Facts of Life: Empowerment Journal (Paperback)

By Simeaka Melton

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Facts Of Life Empowerment Journal is a timeless book providing generations of women and girls the authentic connection for beautiful conversation starters, great bonding tools as well as a resource for self-discovery and empowerment. Whether tween and teen girls decide to enjoy reading alone or with friends, the facts of life found inside this book will equip her with the knowledge and tools that she deserves. The author brilliantly redefines girl power by creatively educating girls about facts of life through carefully developing this fun interactive book to help girls take some of the frustration or anxiety out of growing up! Women everywhere can reflect on their tween and teen years and begin or end their storytelling with If I only knew then what I know now. With that in mind, the savvy author used the realities of the most common facts of life to purposefully developed The Facts Of Life Empowerment Journal to help girls maneuver their growing pains. Simeaka Melton is a sought after girl advocate, educator, teen self-esteem strategist and the best-selling author of Dear Girls Activate Your...

Reviews

A new electronic book with a new point of view. it was writtern extremely completely and beneficial. Its been written in an extremely straightforward way in fact it is simply following i finished reading this publication through which really altered me, alter the way i really believe.

-- **Dr. Florian Runte**

It in one of the most popular book. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Camylle Larson**

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