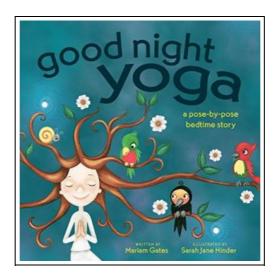
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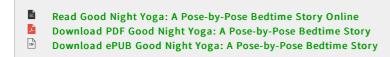
(Wilhelm Predovic)

GOOD NIGHT YOGA: A POSE-BY-POSE BEDTIME STORY



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SOUNDS TRUE INC, United States, 2018. Board book. Condition: New. Language: English. Brand New Book. Good Night Yoga A Pose-by-Pose Bedtime Story Mariam Gates Sarah Jane Hinder 1. Back cover copy Stretch like a tree, sparkle like a star, and float like a cloud. You ll be dreaming soon. 2. Bios (if necessary for marketing; will not appear on back cover) Mariam Gates is an inspiring teacher with more than 20 years of experience nurturing young people. Through Kid Power Yoga, she has combined her dedication to teaching yoga with her skills as an educator to guide children in accessing their own inner source of strength, confidence, problem solving, and creativity. She has a master s degree in education from Harvard University and has been profiled in Boston Magazine, the Boston Herald, Alternative Health Magazine, and on television. For more, visit. Sarah Jane Hinder is a yoga and mindfulness teacher and the illustrator of several bestselling children s books, including Yoga Bug and Good Morning Yoga. She lives in Manchester, UK, where she creates her work and teaches yoga classes. For more information, visit /yoga. 3. Synopsis for For the wee ones, a board book edition of our bestselling Good Night Yoga. 4. Brief marketing statement if necessary Adapted for children under the age of four, the Good Night Yoga board book shares the beautiful poetry and yoga poses from the original bedtime favorite. Relax and unwind with your youngest, following the natural world as it comes to rest at day s end.



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