



## Youth Development and Physical Activity: Linking Universities and Communities (Paperback)

By Don Hellison, Nicholas Cutforth, James Kallusky

Human Kinetics Publishers, United States, 2000. Paperback. Condition: New. New.. Language: English . Brand New Book. Professionals in educational and recreational settings work hard to understand and address the problems faced by underserved youth. Yet the dedicated people in these institutions are often limited in what they can achieve because they tend to remain within the confines of their own work environment rather than sharing their expertise and resources. Instead of accepting this as an unfortunate fact of life, the coauthors of this book see the situation as an opportunity to develop an approach in which the whole is far greater than the sum of its parts. In Youth Development and Physical Activity: Linking Universities and Communities, they draw on their considerable teaching experience to present innovative new ways to serve underserved youth. The book describes practical strategies for breaking down the walls between universities and communities so they can combine their strengths to improve young people's lives. You'll find a wealth of guidelines for creating physical activity programs that instill a sense of social and personal responsibility, including numerous real-life examples of successful programs. Youth Development and Physical Activity: Linking Universities and Communities is divided into four parts, each...



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