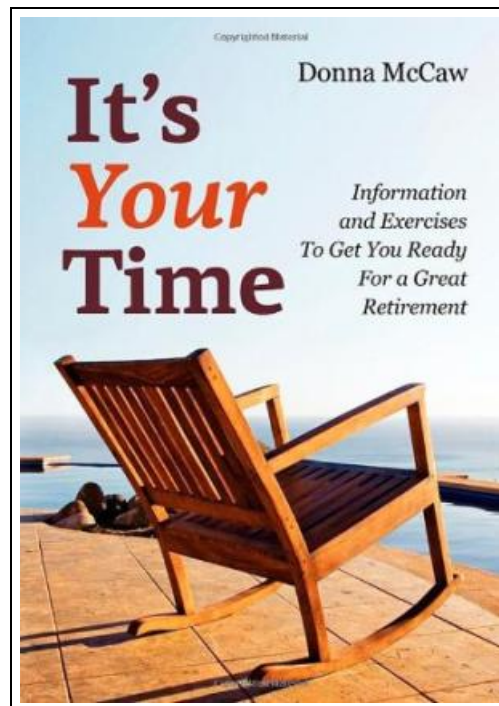


It s Your Time: Information and Exercises To Get You Ready For a Great Retirement



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Reviews

This book is fantastic. This is certainly for all those who statte there had not been a really worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Prof. Dale Fahey MD)

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BPS Books, Canada, 2011. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.Are You Starting to Plan Your Retirement? Think like a canoeist According to retirement expert Donna McCaw, successful retirees approach their retirement the way an experienced canoeist plans a safe yet exciting canoe trip #8212 over-prepare and then go with the flow. Donna s practical and entertaining new book focuses on retirement advice for Canadians but its principles are applicable to retirees anywhere. She shows you how you can plan the retirement that fits you #8212 how you can enter this fulfilling time of your life with confidence and flexibility, prepared for some nice surprises. It s Your Time give you a heads-up in the areas of: GETTING STARTED #8212 The emotional and other issues you need to consider before you make the leap into retirement FINANCES #8212 The importance of knowing the financial facts about retirement HEALTH AND WELLNESS #8212 The top health issues affecting women and men and how to prevent or manage them LEISURE #8212 Passive vs. active leisure and the value of volunteering RELATIONSHIPS #8212 The importance of keeping in touch with family and friends TRANSITIONS #8212 How some retirees #8220re-vocate, re-locate, and re-generate#8221 Donna McCaw (B.A., M.Ed.) retired at age 54 after a career in education and counseling at high schools and colleges and with Adult Education programs. She is a speaker and workshop presenter on Retirement Readiness, Retirement Planning for Women, and other topics. Her writing and presentations are straightforward, down to earth, and accessible as well as spirited and fun. Donna lives in Elora, Ontario.



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