



Real Men Do Cry: A Quarterback's Inspiring Story of Tackling Depression and Surviving Suicide Loss (Paperback)

By Eric Hipple

Quality of Life Publishing Co, 2008. Paperback. Condition: New. Language: English . Brand New Book. Real Men Do Cry, by former NFL quarterback Eric Hipple, is an incredible story of tragedy and triumph. After his 15-year-old son died of suicide, Eric fell into a debilitating downward spiral. Bankrupt and jailed for drunk driving, he found the strength to seek therapy for his own depression and was able to make an amazing comeback. With unflinching honesty, Eric shares his journey, thus opening the door for others to realize that depression is treatable. This page-turner is packed with practical resources for families living with depression and is a valuable tool for counselors and mental health professionals nationwide. Resources include a Nine-Symptom Checklist for Depression along with Signs of Depression and Possible Suicide Risk.



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