



## Rostro Sin Edad, Mente Sin Edad (Paperback)

By Dr Nicholas Perricone

AGUILAR, 2008. Paperback. Condition: New. Translation. Language: Spanish . Brand New Book. En este libro revolucionario, el doctor Nicholas Perricone, exitoso autor y experto en la prevención del envejecimiento, revela un peligro oculto y desconocido que amenaza nuestra salud y apariencia - y propone un programa para vencerlo. El doctor Nicholas Perricone ha llegado al fondo del envejecimiento acelerado con el descubrimiento de los Productos Finales de Glicación Avanzada (Advanced Glycosylation End Products) o AGEs. Aunque los AGEs son tan nocivos para nuestra salud como las grasas del tipo trans, se les desconoce casi por completo fuera de la comunidad medica. Los AGEs nos provocan arrugas, pero tambien se les ha implicado en serios padecimientos de muy diversa indole relacionados con la edad, desde el mal de Alzheimer y las cataratas hasta problemas cardiovasculares, la diabetes y el cancer. Sin embargo, hasta ahora no habiamos contado con acciones estrategicas para detener y revertir los efectos de los AGEs. El doctor Perricone nos muestra como ganar la lucha contra los AGEs con un plan tripartito de ataque que incluye un programa nutricional, suplementos dirigidos y la exploracion de nuevos medicamentos topicos. Su novedoso programa ayuda a - Eliminar las arrugas y...



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