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## Maa Aankh Vol. II: Discovering the Power of I Am Using the Shamanic Principles of Ancient Egypt for Self-Empowerment and Personal Development (Paperback)

By Derric Moore

Four Sons Publication, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. After learning that early African Americans in the Antebellum South followed the Kongo Cross, which the author used to discover the Maa Aankh, an Egyptian-style medicine wheel. Using this diagram as a guide revealed that the familiar physical reality we live in is limited, but beyond our five physical senses is a rich and unlimited spiritual dimension. Everything we desire - peace, prosperity, success, love, joy - can be found in this spiritual realm, because they are ethereal in nature. Most people have a problem obtaining these goals because they allow themselves to become disconnected from their Source. But, by learning how to stay connected to this invisible reality, you can overcome the physical problems you face. Included are practical exercises based upon shamanic traditions that will help you break away from the destructive beliefs and habits that disconnect you from the Source. As well as spiritual practices and rites that will help you maintain the connection to create the life that you want and deserve.



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