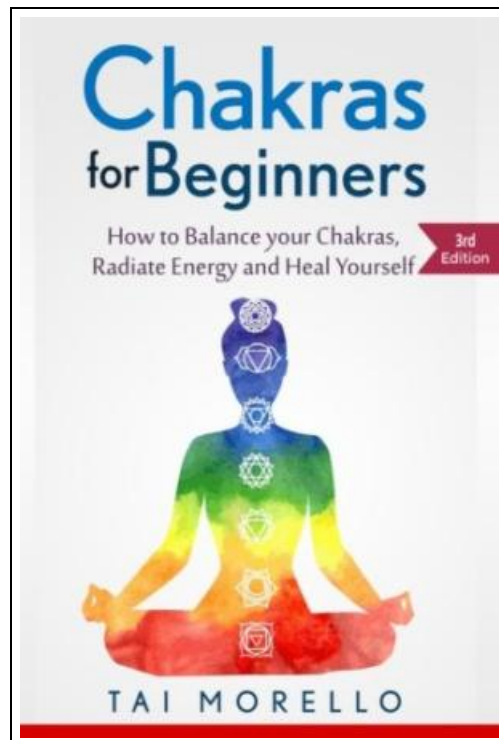


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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The 7 chakras located along your spine up to the crown of your head may be the biggest secret Western conventional health care is keeping from you. NOW IN SECOND EDITION WITH EVEN MORE PRACTICAL TIPS TO HELP YOU BALANCE YOUR CHAKRAS In this book you ll discover How to Clear your Energetic Blockages, Radiate Energy and Finally heal yourself. What if I told you that your body had the ability to heal itself through the use of chakras -- unseen spinning wheels of energy that are found at crucial areas along your spine? If you ve never heard of chakras before you may be a bit skeptical about their existence, let alone the health and natural influence they offer your body. This book will not only introduce you to these potent vortices of health and wholeness, but it ll also reveal the secrets that make rebalancing and awakening them seem like child s play. Keeping your chakras open is absolutely critical to saying vibrant, healthy and alive. This book will take you by the hand and show you exactly how you can use simple techniques to detect and remediate your chakra imbalances. With Chakras for Beginners, you will embark on an inner journey that will take you back to the state of peace, joy and happiness you were born to inhabit. With Chakras for beginners you will find out: What chakras really are Simple techniques to open up and balance each of the seven chakrasHow to release the power of your chakras The emotional and psychology aspects each chakra What happens when one energy vortex is clogged And Much more! Don t hesitate. To start on a journey that could deeply...

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